

Love's Farm News

June - July 2022

www.ourlovesfarm.co.uk

Countdown to the Platinum Jubilee Celebrations



Join Lynne Otto, Chris Hatt, LFCA and Wintringham Residents Association on the Wintringham Plaza (in front of the school) as we celebrate 70 years of service by Her Majesty the Queen

| Sunday 5th June, 3-5pm, | Wintringham Plaza

Wintringham Residents Association and Love's Farm Community Association are putting the finishing touches on plans for our Jubilee event on Sunday 5 June, 3-5pm on the Wintringham Plaza. Lynne Otto will call country dances that reflect the four corners of the UK. Whether you count yourself a dancer or not, this is the perfect opportunity to have a go, follow Lynne's instructions and join the fun. In between the dances, Chris Hatt (musical director of the West End show Hamilton) will entertain us on the piano with a selection of music spanning the Queen's 70 years. The

children of the Round House and Wintringham schools have created a portrait of the Queen which will be on display. There will be cakes and drinks to buy, with profits going to the Friday lunches and language help for our local Ukrainian guests. Contact Helene at community.chaplain@yahoo.co.uk for more information.

Big Changes at the District and Town Councils

Local elections on 5 May delivered some changes at St Neots Town and Huntingdonshire District Councils.

Love's Farm and Wintringham are both part of the St Neots East ward. On the Town Council, Ben Pitt is continuing for another term, and is joined by Anna Crompton, Katie Dundas-Todorov and Jaideep Kumar. With four Town Council seats in St Neots East, the four of them were automatically appointed to the Town Council without an election.

Huge thanks to Stephen Ferguson, Caroline Gregson and Rob Simonis, our previous ward Town Councillors. Rob is continuing in the role but now represents his home patch of Faton Ford

The two District Council seats in St Neots East were contested by Lara Davenport-Ray (Green), Marcus Pickering (Independent), and Mokbul Ahmed and Ari Laakkonen (both Conservative). Lara and Marcus were elected by a huge majority, picking up over 90% of the votes cast.

Our previous district councillor Ben Pitt moved wards to run in St Neots Priory Park and Little Paxton, where he was elected alongside Stephen Ferguson and Richard Slade.

Across Huntingdonshire, the Conservative Party lost its majority at HDC. A Joint Administration formed of Independent, Liberal Democrat, Labour and Green councillors has taken control of the council. Love's Farm is particularly well represented, with Cllrs Davenport-Ray, Ferguson and Pitt appointed to the cabinet,

Introducing Your New District and Town Councillors

Lara Davenport-Ray

lara.davenport-ray@huntingdonshire.gov.uk



I represent our ward and also sit on the HDC Cabinet with responsibility for climate and environment. I have a keen interest in environmentally

sustainable residential planning and will join HDC's planning committee.

I work for Love's Farm Community Money Advice, providing free, confidential debt advice to local families. I am a Round House School Governor, the chair of Love's Farm Community Association and a trustee of Love's Farm House.

You may have spotted me and my family out keeping our communal green spaces clean. I also manage a recycling scheme outside my home on Hogsden Leys.

Marcus Pickering

marcus.pickering@huntingdonshire.gov.uk



I've been at the heart of community life here for many years, as chairperson of Love's Farm Community Association and as part of the leadership of

Love's Farm Church. I'm honoured to have been elected to serve as one of your representatives on Huntingdonshire District Council as we continue to shape our community together in the years ahead. I will keep on fighting for the facilities and opportunities that matter to all of you, and I love to hear from you — so please don't hesitate to get in touch.

Anna Crompton

anna.crompton@stneots-tc.gov.uk

I moved to St Neots with my young family eight years ago, I've been an energetic, visible part of our community, creating and running the first parent and baby group on Love's Farm at St Neots Football Club, working as a Trustee for Love's Farm House, for Paxton Pits Woodcraft Folk, forming The Toddle Wander with Hinchingbrooke Park, as a



Our new Town Councillors (I-r): Ben Pitt, Katie Dundas-Todorov, Jaideep Kumar and Anna Crompton

committee member of The St Neots Players and most recently running theatre making workshops with the Love's Farm Brownies.

I also fit in a career in events and education and am inspired by the importance of the arts in our lives to learn, understand ourselves and enhance precious time spent together. I look forward to collaborating with colleagues and community groups, learning the opportunities and issues we experience and making a difference to our shared lives.

Katie Dundas-Todorov

katie.dundas-todorov@stneots-tc.gov.uk

As a midwife turned writer and mum, I have personal experience and interest in issues affecting families in the area, especially those with young children. I'm keen to hear from and represent everyone. I strongly believe the best politicians are those that understand they can't know everything and are prepared to listen to others.

Though I'm new to politics, I'm looking forward to getting started,

working with other councillors for the people of our wonderful town. I'll be learning on the job but my passion and drive will bring a great deal of energy to the role.

Jaideep Kumar

jaideep.kumar@stneots-tc.gov.uk

I am one of the newest Councillors in St Neots as I moved to St Neots and in fact into England with my family towards end of 2020.

I live in Wintringham and have taken this opportunity to encourage the new families moving into the area to come up with ideas, share their experiences as well as raise their hand for issues which we can all work at together. I hope we at Wintringham

CLM Financial Ltd

Professional Accountancy Services

- ✓ Bookkeeping
- Annual Accounts
- Management Accounts
- ✓ VAT returns
- Staff Expenses
- Financial Modelling
- Xero Training

www.clmfinancial.co.uk info@clmfinancial.com 07527 440660 can learn from and grow alongside the Love's Farm community.

I'll be working on the Planning Committee, helping to avoid some of the difficulties that can affect residents, especially children and elderly. I wish to learn as I work with the community, developers, builders and the Town and District Councils

Ben Pitt

ben.pitt@stneots-tc.gov.uk

I joined St Neots Town Council in 2018, and have been involved in Love's Farm Community Association, Love's Farm House and as a parent governor at The Round House.

On 17 May I was appointed Mayor of St Neots. I'm delighted to be able to use this role to champion all that our town has to offer. I'm also looking forward to helping the Council invest in the town, particularly for young people and to create more cultural and leisure opportunities for residents.

New Station Car Park: Planning Approved

Back in July 2021 we reported on plans for a new commercial car park on the undeveloped land between Station Square and the station. After some minor amendments to the plans — dropping the number of bays from 45 to 41 — this application was approved by HDC on 13 May 2022.

As part of this work the developer has agreed to make long-awaited improvements to the landscaping of



The new car park will include four electric vehicle charging bays

the square itself. Our new District Councillor Marcus Pickering will be continuing to work with them and HDC to help bring about the positive change we have waited so long for.

Love's Farm Ladies WI Summer Fayre

| Sunday 10th July, 2-4pm, | Love's Farm House

Love Farm Ladies WI are hosting a Summer Fayre on Sunday 10 July, 2-4pm at Love's Farm House in aid of our charity partner this year, Magpas Air Ambulance.

Like any other charity during the pandemic, 2020 and 2021 were some of the toughest years Magpas Air Ambulance have ever experienced.

Love's Farm Ladies WI had appointed Magpas as our annual charity partner in 2021, but our fundraising efforts were curtailed to our President undertaking a sponsored 10k run in the absence of any other Covid-safe fundraising activity in that year, so we decided to continue to support it for this year. So, after many cancellations and rebookings, our Summer Fayre is

definitely on! We will have lots of stalls with books, toys, tombola, cake and teas. Please join us and raise some money for a critical cause.

MIXX Tape 80s Fitness Class

| Saturdays 9.30-10.30am, MUGA | (opp Love's Farm House)

MIXX Tape is an outdoor 80s aerobics class for all those who want a retro full body fitness class. Lynne, Love's Farm's very own Jane Fonda, will take you through classic tracks like It's Raining Men, Physical and Eye of the Tiger that will get you sweaty, toned and energised. There's no floorwork involved and there are low-impact options. Grab your leg warmers, we'll provide the pom poms, and start your weekend with this feel-good workout!

£5 per session. Suitable for all fitness levels including beginners (ages 16+). Book your space at gymcatch.com/app/provider/2322 or email DSMDancewithLynne@gmail.com for more information.

Lazy Breakfast is Back!

| Saturdays (term-time only), | 9.15-11.15am

We know how much you've missed it, and now Lazy Breakfast is back! We're serving up delicious waffles, pastries, fresh fruit and a range of hot and cold drinks on Saturday mornings at the Farm House. Bring your friends

for a catch-up or just relax with a book from the Micro Library and start your weekend the lazy way.

Both the Saturday and Tuesday (gam-noon) cafés are run by volunteers. If you'd like to join either team, please get in touch. Contact Helene on community.chaplain@yahoo.co.uk if Tuesdays work for you or Maria on mrrsrss@gmail.com for Saturday.



What's New at Love's Farm House

Platinum Jubilee FitSteps Class

| Thursday 2nd June, 11am

Come and celebrate the Queen's Platinum Jubilee with a FREE Strictly-style dance fitness class where we'll be dancing to music from 1952. Dancing will be followed by a cuppa and cake. 1950s dress optional! No partner or dance experience required (ages 16+).

This class is completely free but you must pre-book your space — please contact DSMDancewithLynne @gmail.com or visit gymcatch.com/app/provider/2322.

Pregnancy Relaxation Classes

| Wednesday 8th June, 6th July & 10th | August, 8.05-8.50pm

Join Jessica from Whole Birth & Beyond for this monthly class which

will explore relaxation and breathing techniques to aid you in your labour and birth, and introduce some relaxation skills to utilise in your pregnancy. We will also touch on a little biology that will highlight just how amazing our bodies are and give you a bit of extra knowledge to help you feel more confident and prepared for your birth.

This is an excellent opportunity to meet other local mums-to-be, as well as taking some time out just for you.

Classes are £6.50 each or £15 for three. For more info or to book, contact Jessica at wholebirthandbeyond @gmail.co.uk or visit www.wholebirthandbeyond.co.uk.

Katy North Dance Academy Summer Schools

| 3rd and 4th, 25th and 26th August

Join Katy North Dance Academy this summer for two fun-filled Summer Schools. We'll be kicking off August with a Multi-Style Dance workshop, where you will learn a variety of dance styles including Street Dance, Rock 'n' Roll and Latin American (3rd-4th August).

The second Summer School is all about Disney Musicals and we'll be singing and dancing to Disney hits (25th-26th August).

Sessions are from 9am to 3pm, and for ages 7-18 years. £45 per child per two-day Summer School. Spaces must be booked in advance. Book by phone on 07500 875060, email

katynorth.danceacademy@gmail .com, or visit www.facebook.com/ katynorthdance for more information.

Youth Cafe

| Wednesdays, 3:15 to 5:30pm

Youth Cafe runs at Love's Farm House on Wednesday afternoons during term time. The afternoon is spent eating toast, sweet treats and drinking milkshakes, chilling and chatting with friends and generally debriefing the day. For the final half term of the school year children in Year 6 are invited along as part of their primary/secondary school transition. For more info contact Adele,

who works with Love's Farm Church, and can be contacted on adele .jones@ elydiocese.org or Helene on community.chaplain@yahoo.co.uk

SMART Day Litter Pick

Saturday 9th July, 11am or 2pm, meet at the Pirate Ship

SMART day is our community-wide litter pick and an opportunity to join volunteers of all ages to clear our shared spaces and green places. The next one is 9th July — meet at 11am or 2pm at the Pirate Ship; come for as little or as long as you have. All the kit you need is provided as well as lots of camaraderie! #lovewhereyoulive

WORKOUTS FOR ALL!

Get fit, stay fit as you find the class that works for you. Choose from:

Fitness Pilates / Fitmum Strong
Zumba / Pregnancy Pilates
Fitmum / Total Body Workout

plus over 400 online workouts and two new ones each week. Sports massage, Pregnancy Massage and sports taping available too.



07912442622 nifitnessandmassage@outlook.com

www.njfitnessandmassage.com



Little Loves

Thursdays, 9:30-10:30am, Love's Farm House

Little Loves continues to run on Thursday mornings at 9.30-10.30am during term time at Love's Farm House. It provides the perfect opportunity for pre-school children and their grown ups to gather and chat and play. Nikki has recently joined the team and brings with her a special gift and talent at helping to settle and support children with additional needs. You'd be welcome to come along.



Coming Up At The Farm House Bar

Pride Night at the Farm House Bar

| Friday 10th June, 8-11pm

We'll be celebrating Pride month at the Farm House Bar on 10th June. There will be Pride-themed cocktails, mocktails and music, so come join us and meet the Pride in St Neots team!

Gin Lab 5

| Friday 8th July, 8pm-12midnight

The hottest event on the Love's Farm calendar is back... we're on the countdown to Gin Lab 5! Our technicians have dusted off their lab coats and goggles and are busy experimenting to come up with an outstanding menu of gins and garnishes to tantalise your taste buds.



Gin Lab: a highly scientific process

Your £25 ticket includes a tasting platter of eight gins and garnishes plus tonic, and a double G&T of your choice from the bar. Our normal bar menu (and gin list) will be available if you would like to experiment further.

Over 18s only (under 25s will need ID on the door). Tickets must be purchased in advance from www.lovesfarmhouse.com/tickets.

School's Out Disco

| Friday 22nd July, 7.30-11pm

School will officially be out for summer, so come down and celebrate at the Farm House Bar with a family-friendly disco. There will be a mix of old-school music and the latest cheesy pop to dance to. Kid-friendly snacks and soft drinks will be available at the bar in addition to our normal menu, and if it's a nice day the garden will be open.

Trustees Wanted

Love's Farm House is on the lookout for new trustees.

Love's Farm Community Centre CIO

is a charity which was specially created to manage Love's Farm House on behalf of our community. The charity is headed by a board of volunteer trustees who have overall responsibility for the building, including managing the finances and setting hire fees, marketing our events, applying for grant funding, drafting policies, employing staff and generally ensuring that we meet our objective of making Love's Farm House a welcoming and inclusive place for everyone in our community.

The full trustee board meets on the first Wednesday evening of each month. Trustees are also encouraged to join one or more of our subgroups, focusing on particular areas such as events, marketing or facilities. There are opportunities (but no pressure) to get involved in other ways too: many of our trustees help to run events such as Gin Nights or the Halloween Disco, volunteer at Lazy Breakfast or help to maintain the garden.

There are no particular skills or experience required to be a trustee, as everyone will bring something different to the table. We aim to have a wide range of trustees from varying backgrounds, ages and experience. All we ask is that you have a strong commitment to running Love's Farm House for the benefit of our community and that you can commit to attending the majority of the monthly meetings.

If this sounds like a role for you, we

would love to hear from you! Please email Raymon on chair@ lovesfarmhouse.co.uk or call 01480 262626 for more information.

Love's Farm Out of Doors

with Phyllis Hooper

Well we have weathered another strange spring which, despite people's experience, has been cripplingly dry for farmers and tree planters in our area. We are also suffering our annual plague of euonymus ermine caterpillars. It is a very strange thing that these poor bushes completely bare of leaves and shrouded in "cobwebs" will, in a couple of weeks, be green again and prepare to give us a display of their pink and orange berries in autumn.

Never too old to learn, I was listening to a very interesting talk the other day by a tree expert from the National Trust. He looks after the legacy of Capability Brown, continually caring for and replanting trees in stately parks. Alas I can't remember his exact figure but he said if you were to plant a six-ten foot tall tree and next to it a two foot sapling, in three years they would be the same height and in ten years the sapling would be a much better tree.

They are having terrible trouble keeping the big trees on Wintringham alive. It was therefore really sad to see that two of our oldest Maple trees, on Love's Way, had had large areas of

their bark stripped off. Essentially the bark brings the food manufactured by the leaves down to the roots and the inner wood transports water up to the leaves. I've grieved, here, before about the young trees whose "ankles" were damaged by strimmers as babies and will never make old trees. Why do I keep banging on? We need every green leaf to soak up our waste carbon dioxide and give us back oxygen. There is a huge global imbalance and trees are our best investment to help rebalance.

So now some of you may wonder why you see me out cutting back bushes and taking whiskers off tree trunks! The latter is simple, in my thinking anyway. Once a tree is doing well it should look like a tree not revert to a tall bush! As for cutting back bushes, I always have in mind the grass-mowers. I watched one this morning with a three gangmower, a central fixed cutter and two wings that he could put down to mow either singly or together. He did a really dodgy little all-shapes bit like a street dance! He then got his head tangled in an overhanging Willow tree. So I go round looking for such branches and those bushes that are encroaching towards the paths, eventually reducing the mown areas to nothing. Incidentally the stored carbon in the snipped twigs and foliage goes back into the soil and also provides habitat for insects and small animals.

We are very lucky on Love's Farm



Catterpillars of the euonymus ermine moth

that, despite all except Auntie's Wood and a stretch near Fox Brook being new plantation, we have a fairly diverse planting. My favourite trees are the alders and I least like the aspen or quaking poplar, which sends up suckers and would spread like bamboo. Birches and willows are amazing in their variety of colour and growth form — mainly because both species cross pollinate producing ever more variants . Enjoy your summer in our beautiful surroundings.

The Guerrilla Gardener. phyllis.hooper@btinternet.com

Advertise Here

Advertise your company or event with a half-page, quarter-page or classified advert. This newsletter is delivered to 1,500 homes on Love's Farm. Please contact Jenny on 01480 262626 (9am-3pm Monday-Friday) or email jenny@lovesfarmhouse.co.uk.

Get In Touch

Love's Farm News

Editor: Ben Pitt ben.pitt@ourlovesfarm.co.uk
Advertising enquiries:
Jenny Bishop 01480 262626
jenny@lovesfarmhouse.co.uk

Love's Farm Community Association (LFCA)

info@ourlovesfarm.co.uk
Chair: Lara Davenport-Ray
chair@ourlovesfarm.co.uk
www.ourlovesfarm.co.uk

Love's Farm House

(Monday to Friday, 9am to 3pm): Jenny 01480 262626, jenny@lovesfarmhouse.co.uk Chair: Raymon Gompelman raymon@lovesfarmhouse.co.uk www.lovesfarmhouse.com

Bookings and general enquiries

Town Councillors

Anna Crompton, anna.crompton@stneots-tc.gov.uk Katie Dundas-Todorov, katie. dunas-todorov@stneots-tc.gov.uk Jaideep Kumar

jaideep.kumar@stneots-tc.gov.uk Ben Pitt, ben.pitt@stneots-tc.gov.uk

District Councillors

Marcus Pickering, 07796 617868 marcus.pickering@ huntingdonshire.gov.uk Lara Davenport-Ray, lara.davenport-ray@ huntingdonshire.gov.uk

County Councillor

Stephen Ferguson, 07525 987460, stephen.ferguson@cambridgeshire .gov.uk

Financial Difficulties

Love's Farm Community Money Advice: www.lovesfarmchurch.com/ moneyadvice 01480 260234, moneyadvice@lovesfarmchurch.com

Breakfast Church

Helene Tame, 07938 803501 community.chaplain@yahoo.co.uk

BPHA

Contact Customer Services on 0330 100 0272 www.bpha.org.uk

Hartbeeps

Ages: 0 to 4, £7 per child. Contact Sarah on 07872 331260 sarah.armstrong@hartbeeps.com, www.hartbeeps.com

Stitch Street Crochet Classes

£2.50 per session, visit facebook.com/stitchstreetcrochet or www.stitchstreet.co.uk

Amy's Fitness & Toning Class

Mondays 6.10-6.55pm from 21 February. £5.50 per session or £18 for a 4-week block. Contact Amy at Amysfitness247@hotmail.com.

Zumba, Fitness Pilates, Pregnancy Pilates and Fit Mum

Contact Nicola at njfitness andmassage@outlook.com, www.njfitnessandmassage.com.

Tiny Talk

Ages birth to 2 years, £6.50 per session, contact Claire on clairep@tinytalk.co.uk

Baby Sensory

Birth to 13 months, £37.50 for 5 classes. 07538 502587 beds@babysensory.co.uk, www.babysensory.com

Silver Rock Crafts

Contact Jo on silver-rock@hotmail .co.uk or visit www.facebook.com/ SilverRockDesigns

St Neots Business Hub

Contact Charlie Ashley-Roberts on charliecareers@gmail.com.

Shining Stars Children's Charity

Contact Natalie on natalie@shiningstars.org.uk or www.shiningstars.org.uk

Pilates with Laura

£78 for 12 classes. Contact Laura on 07900 242904 or laura@pilateswithlaura.co.uk

Healthy You

Call 03330 050093 or visit www.healthyyou.org.uk

Youth Café

School years 7 to 13. Email Adele at adele.jones@elydiocese.org

Love's Farm Tang Soo Do Karate Club

Ages: 6 to adult. £4.50 per person / £9 per family. Contact Paul on 07790 217170

Pregnancy Relaxation

Contact Jessica at Whole Birth & Beyond on

wholebirthandbeyond@gmail.co.uk or www.wholebirthandbeyond.co.uk

FitSteps/Broadway Boogie/Mixx Tape

Contact Lynne on dsmdancewithlynne@gmail.com or facebook.com/dsmdancewithlynne.

GPC Mixed Martial Arts

Visit www.gpcmma.com.

Love's Farm Rainbows, Brownies & Guides

guides@lovesfarmguiding.org.uk, www.girlguiding.org.uk

Mama Baby Bliss Yoga

Yoga for babies, toddlers, mums and dads. Contact joanna.miller@mamababybliss.com call 07904 374212 or visit www.mamababybliss.com/classes/book-a-class/bigqleswade-st-neots.

Junior Youth Club

School Years 3 to 6. Contact Helene on 07938 803501, community.chaplain@yahoo.co.uk

Love's Farm Book Club

Join the Facebook group at www.facebook.com/

Street Dance

Various classes for ages 4+, £4 to £5.50 per class. Contact Katy on 07500 875060, www. katynorthdanceacademy.com

Love's Farm Ladies (WI)

lovesfarmladieswi@gmail.com

Love's Farm Runners

Visit www.facebook.com/ lovesfarmrunners

2nd St Neots Beavers, Cubs and Scouts

tinyurl.com/lovesfarmcubs

Little Miracles

www.littlemiraclescharity.org.uk



Love's Farm Community Association Tuesday		Wednesday	Thursday	Friday	Saturday	Sunday
		Healthy You 9.30 - 1.30	Fitsteps Platinum Jubilee Event 11am	* Karaoke & Cocktails at the Farm House Bar 8pm - late	MIXX Tape 9.30 - 10.30am MUGA	* Platinum Jubilee Celebration 3 pm-5pm Wintringham Plaza
Hartbeeps 9.30, 10.30, 11.30, 12.45, 1.55pm * Crochet Club 1pm - 2pm Amy's Fitness 6.10 - 6.55pm Zumba 7.05 - 7.50pm Fitness Pilates 7.55 - 8.55pm	* Farm House Cafe 9am - 12noon Baby Sensory 9.45am, 11.15am St Neots Business Hub 12noon - 2pm Shining Stars 3.30 - 5.30pm Pilates 6pm, 7pm, 8pm LF Runners 8pm @ Station Square	Fit Mum 9.35 - 10.20am Tiny Talk 11am - 12noon * Youth Cafe 3.30 - 5pm * Karate 5.30 - 7pm Broadway Boogie 7.10pm Pregnancy Relaxation 8pm	* Little Loves 9.30 - 10.30am FitSteps FAB 11.10 - 11.55am GPC MMA 4.30pm, 5.15pm @ RH School Brownies 6 - 7.30pm Guides 7.30 - 9pm	Toddler Yoga 9.30am Baby Yoga 10.30am, 11.30am Youth Club 5pm, 6pm * Pride Night @ the Farm House Bar 8pm - 11pm	* Lazy Breakfast 9.15 - 11.15am Street Dance 9.15am, 9.45am, 10.30am, 11am MIXX Tape 9.30 - 10.30am MUGA	* Breakfast Church 10am Yoga for Mums 5pm Pregnancy Pilates 6.30pm
Hartbeeps 9.30, 10.30, 11.30, 12.45, 1.55pm * Crochet Club 1pm - 2pm Amy's Fitness 6.10 - 6.55pm Zumba 7.05 - 7.50pm Fitness Pilates 7.55 - 8.55pm	* Farm House Cafe Shining Stars Pilates Mental Health Training 6.30 - 9pm LF Runners Times as above	Healthy You Fit Mum Tiny Talk * Youth Cafe * Karate Broadway Boogie Times as above * LFCA Meeting 7.30pm via Zoom	* Little Loves FitSteps FAB GPC MMA Brownies Guides Times as above Love's Farm Ladies WI 7pm @ SNFC	Toddler Yoga Baby Yoga Youth Club Times as above * Games Night @ the Farm House Bar 7.45 - 11pm * Love's Farm Book Club 7.45pm	* Lazy Breakfast 9.15 - 11.15am Street Dance 9.15am, 9.45am, 10.30am, 11am MIXX Tape 9.30 - 10.30am MUGA	* Breakfast Church 10am Pregnancy Pilates 6.30pm
* Crochet Club Amy's Fitness Zumba Fitness Pilates Times as above	* Farm House Cafe Baby Sensory Shining Stars Pilates MH Training LF Runners Times as above	Healthy You Fit Mum Tiny Talk * Youth Cafe * Karate Broadway Boogie Times as above	* Little Loves FitSteps FAB GPC MMA Brownies Guides Times as above	Toddler Yoga Baby Yoga Youth Club Times as above * Quiz Night @ Farm House Bar 7.30pm - 11pm	* Lazy Breakfast 9.15 - 11.15am Street Dance 9.15am, 9.45am, 10.30am, 11am	* Breakfast Church 10am
Hartbeeps	* Farm House	Healthy You	* Little Loves	Events are at Love's Farm House foyer, hall or meeting		

* Crochet Club Amy's Fitness

Zumba **Fitness Pilates** Times as above

Cafe

Baby Sensory Shining Stars MH Training Pilates

* Karate **Broadway** Boogie LF Runners Times as above Times as above

Tiny Talk

* Youth Cafe

FitSteps FAB **GPC MMA**

Brownies Guides Times as above Events are at Love's Farm House foyer, hall or meeting room, or out and about. Events with a * mean just turn up. For others, please book in advance. Visit www.lovesfarmhouse.com or call 01480 262626 for

more information.